



DEGROWTH WEEK BUDAPEST 2016

BUDAPEST DEGROWTH WEEK PROGRAM

Venues

- [Corvinus University](#) - Fővám tér 8
- [Szimpla](#) - Kazinczy utca 14
- [Aurora](#) - Auróra utca 11
- [Golya](#) - Bókay János utca 34
- [Müszi](#) - Blaha Lujza tér 1
- Magnet Bank – [Olimpia Park](#) / [Magnet Ház](#) / [MagNet Közösségi Pont](#)

Click on the event to see the detailed information about it.
As the program will be updated, keep an eye on our website:
http://budapest.degrowth.org/?page_id=638

Unless it is specified in the description, all the events are free and open to the public.

Please be aware that some events happen at specific times.
Most of the event will be in English, some of them bilingual and also some only in Hungarian.

Legend

Panel discussion
Participatory discussion
Book presentation
Movie screening
Workshop
Concerts
Exhibition
Artistic performance
Stand

TUESDAY 30.08

Time	CORVINUS UNIVERSITY
16h00 – 18h00	Opening plenary: Connecting the dots of degrowth – Federico Demaria, Filka Sekulova, Alexandra Köves, Vincent Liegey
18h30 – 20h00	Opening panel of the conference: Degrowth in semi-periphery context – Alexandra Köves, Zoltan Pogatsa, Danijela Dolenc, Giorgos Kallis

WEDNESDAY 31.08

Time	CORVINUS UNIVERSITY	SZIMPLA	AURORA	GOLYA	MAGNET BANK	
16h30 – 18h30	Towards alliances of alternatives to development:	'Degrowth' or 'Post-growth': what's in a name?	Degrowth in, from and for environmental grassroots organisations	Women crossing borders: a gendered vision for a sustainable future	Social entrepreneurship discussion	Játékkub - Társasjátékok örökgyerek felnőtteknek
	Imagining a Different University: A group discussion of what degrowth means when applied to academia and education	A 21st century dystopia - Adam Matthews	Teaching Degrowth: Opportunities and Challenges	Italia Che Cambia	Maker Space	Kontakt Jam
	Low-tech and high human capacity: Popular competence building against technocracy.	Endogenous development in practice on the example of cooperation of Mahalla Committees and NGOs in Tajikistan			Upcycling workshop	Hány ember élhet a földön? (Ökofilmklub)
	Degrowth, what ground and territory? What are good conditions for survival of a community?	Psychodynamics of Capitalism: A self-exploration (Part 1/2)				
	Miss the misunderstanding: A practical guide to reveal how vague we describe stuff. Or maybe not?					
19h00 – 20h30	Capitalism and (de)growth		Dinner, Livestream of the plenary	Dinner, Livestream of the plenary	Dinner, Livestream of the plenary	Livestream of the plenary
20h30			Béla Műhely	Paraszta Pé	Tindia Táncház	

THURSDAY 01.09

Time	CORVINUS UNIVERSITY	SZIMPLA	AURORA	GOLYA	MAGNET BANK	
16h30 – 18h30	WORK Out of the Box! WORK and SUSTAINABILITY: new concepts of WORK in the Overshoot	Enough is Enough	Wellbeing, degrowth and consumption	Gross National Happiness and Buddhist Economics: Gross National Happiness in Bhutan and elsewhere	Degrowth Discussions beyond Europe: Opportunities and Challenges	KÖKÖR
	Feminism(s) and degrowth: Conflicts, intersections and convergences between two radical political movements.	Are empowered women leading society toward planetary balance?	Getting climate activists to talk more about Degrowth: Building links and sharing ideas	Consensus decision making workshop	Upcycled t-shirt rugs: Creative workshop - Varronomia	Hová szalad ez a világ? (Slow Budapest)
	Karl Polanyi: A Life on the Left	Introducing the Not-for-Profit World Model: A vision for a flourishing post-growth economy		The dangers of technology: A creative writing workshop	Repair Café	
	The antiprivatization struggle of Water and Sewage Company of Thessaloniki	Global Postural Gymnastique in Being and Time				
	World Café: Co-designing degrowth narratives (Part I)	Collective degrowth mandala painting				
19h00 – 20h30	Alliances between Global North and Global South		Dinner, Livestream of the plenary	Dinner, Livestream of the plenary	Dinner, Livestream of the plenary	Livestream of the plenary
20h30			Babra	Szilvási Band	Gobé	

FRIDAY 02.09

Time	CORVINUS UNIVERSITY	MÜSZI	MAGNET BANK
16h30 – 18h30	Degrowth in the Parliaments: High profile European politicians discuss 'Politics of Degrowth' and 'Degrowth in Politics'	The effort of Unconditional Basic Income so a critical review on labour and value society:	A hatékonyság határai - beszélgetés a művészet szerepéről a nemnövekedés jövőjében
	Ecovillages: degrowth in practice	Family agroindustry and degrowth	Alom Budapest/Dream Budapest: Dreaming of Research in Practice
	Erasmus+ program: Actors of Transition; Spreading Sustainability in Europe	Youth Impact: Strengthening Organizational Capacities to Build Peace in Europe	Villes fertiles / Fertile cities
	World Café: Co-designing degrowth narratives	Psychodynamics of Capitalism: A self-exploration (Part 2/2)	
	Transition Policies from a high, to a low, entropy production Society		
19h00 – 20h30	Is climate justice possible without degrowth?		Dinner, Livestream of the plenary
20h30			Csangallo - DJ Chaos, DJ Lobotom

SATURDAY 03.09

Time	CORVINUS	SZIMPLA	MÜSZI
10h00 – 12h30	Closing plenary: Polanyi, historical lessons, future challenges, semiperiphery		
13h00	Meeting in Front of Corvinus University of Budapest for the beginning of the parade from the university to the Kazinczy street festival.		
13h00 – 17h00		Kazinczy street festival	
		Jam Session	
From 20h00			Romengo, closing party - DJ's: Ramsés, Lady DNA

PERMANENT EVENTS 30.08 – 03.09

TOURS

CORVINUS UNIVERSITY	AURORA
Ecovillages: degrowth in practice	Italia Che Cambia Exhibition
Food and Seed Freedom Campaign: Defending the right to self-determination in food and seeds - Portuguese Seed Sovereignty Campaign	
La ligne d'Horizon: les amis de François Partant	
Yunity share point: share food, items and skills unconditionally	
Participatory Action Research Project	
Vocabulary Degrowth Audiobook & Video Series Production (invitation for contribution)	
Supply Change - Degrowth alternatives to the retail market monopolization	

WEDNESDAY	THURSDAY	FRIDAY
Growth and degrowth in Budapest: a tour of places and communities Budapest Zöldutak	Open source workshop and bike share workshop	Ökopack: Gellért Hill educational trail visit
Garden City to Transition Town: a visit to Wekerle Estate	Zsamboki Biokert/Zsambok's Organic Farm Visit and Practical Introduction to Organic and Biodynamic Farming in Hungary	Közösségi Kertek Éjszakája/The Night of Community Gardens of Budapest
	Mindspace - Interactiv mass open urban game	
	Hány ember élhett a földön?	

Opening plenary: Connecting the dots of degrowth – Federico Demaria, Filka Sekulova, Alexandra Köves, Vincent Liegey

Corvinus University – EIV - 16h00

The opening event of the conference will provide a short introduction to the subject of degrowth, explaining how degrowth can represent a variety of aspects, from being an activist slogan to a social movement. It will also map the dots of degrowth worldwide, show the latest research on degrowth in global context, present the semi-periphery context of the conference and introduce the key themes and challenges of the conference. The opening session will be streamed online.

Opening panel of the conference: Degrowth in semi-periphery context – Alexandra Köves, Zoltan Pogatsa, Danijela Dolenc, Giorgos Kallis

Corvinus University – EIV - 18h30

Renowned speakers will kick-off the discussions for the conference. The topic of the panel debate will be 'Degrowth in semi-periphery context', allowing us to understand the backdrop of the region in which the 5th International Conference on Degrowth takes place. Three visible panelists will be challenged by a participative moderator to place the conference into semi-periphery context and open the key issues that the conference will address during the subsequent days. Opening panel will be streamed.



PARTICIPATORY DISCUSSION

Imagining a Different University: A group discussion of what degrowth means when applied to academia and education

Anita Simha, Tony Liu

Corvinus University – E332 - 16h30

This side event will be a participatory discussion by all attendees about the role universities play in growth-centered societies. The participants will consider what a transformation to degrowth would mean for universities -- what would change? What would come to the forefront? At the center of this imagining is another important question: what is a university meant to do?

Endogenous development in practice on the example of cooperation of Mahalla Committees and NGOs in Tajikistan

Anna Cieślewska

Corvinus University – E336 - 16h30

The proposed workshop will deal with the issue of traditional form of social organisation and their capacities of self-governance as well as cooperation of those institutions with NGOs on the example of mahalla in Tajikistan. It will demonstrate a way in which the communities respond to ideas of social development introduced by an outside NGO on the example of the project implemented by the Polish Centre for International Aid (PCIA) and the Tajik NGO Mehrangez, entitled "Reinforcing local community development through institutional support for mahalla committees in Tajikistan".

Degrowth, what ground and territory? What are good conditions for survival of a community?

Jacques Julien

Corvinus University – E338 - 16h30

Low-tech and high human capacity: Popular competence building against technocracy.

An illustration with energetic sovereignty in housing - Sebasol

Corvinus University – E330 - 16h30

For over twenty years a peculiar movement has been building up in the French part of Switzerland : the do-it-yourself with organised, iterative, popular, quality checked, projects aimed, field grounded with human intelligence and dedicated methods actively researched as such. More than 1000 projects have been completed successfully. Some as "simple" as a solar water heating systems, other as globally relevant as 100% renewable sovereign systems for hot water and heating. This is no messianic anglo-saxon technology fix that will save all of us. People work in their free time to try, test, fail, correct, shield their results from industry, in this movement which has already solved household heating and hot water requirements in individual and smaller collective housing already, is on the way to providing electricity solutions, making zero carbon food production systems a reality, and more in other fields. Degrowth, low-tech, and human capacity built by methodical and Swiss-clock practices, are key points of these achievements and multicriteria methods, efficient and the same time toxic for the dissipative insane growth society. Two hours will not be enough time to fully explain 20 years of work, success and failures. The technical and ecological coherence to cope with understandability, rationality, pertinence, customisation, beauty, singularity of every realisation. The rising problem of transmission of knowledge to new generations will be debated. We aim to discuss the fight against blackbox machines, slave networks, enforced obsolescence, including of users. We work for the society of little and free entities which we deserve, us, humans.

Degrowth in, from and for environmental grassroots organisations

Exchanging and discussing experiences, strategies and narratives

Friends of the Earth Germany, Young Friends of the Earth Germany (BUND/BUNDjugend)

Szimpla 16h30

This open space session will deal with the potentials and obstacles environmental grassroots organisations face when dealing with degrowth – on different levels such as lobbying, campaigning or organisational development. In a facilitated first phase we'll exchange experiences and perspectives, followed by a second phase completely determined by the interests and needs of the participants.

We invite you to bring publications, campaign materials and photos with you!

Teaching Degrowth: Opportunities and Challenges

Justyna Stypinska/ Free University Berlin

Szimpla 16h30

The workshop will discuss issues related to the structure and the content of the curriculum, as well as to the methods which can be used in teaching about degrowth. Practical examples from a course held at the Sociology Department at the FU Berlin will be given as a template. The aim of the workshop is to draft an optimal curriculum for a course on degrowth, which could be further used and replicated by other academic teachers.

Women crossing borders: a gendered vision for a sustainable future

Women's International league for peace and freedom/WILPF

Aurora 16h30

Women crossing borders - a gendered vision for a sustainable future in peace.

Instead of new walls and barriers in our heads and in our political realities, women request an environment of solidarity, welcome and cooperation. We analyse critically the root causes of war and violence (economy has a major impact in this field) and put our cross border spirit and initiatives into political reality. We intend to work with women from all over Europe with a major focus on central and Eastern Europe and on women refugees. Degrowth, system change instead of climate change, women's empowerment, disarmament and civilian conflict management are essential keys for a transformative agenda.

Social entrepreneurship discussion

Golya 16h30

BOOK PRESENTATION

A 21st century dystopia - Adam Matthews

Corvinus University – E334 - 16h30

Adam R. Mathews will be presenting his new novel, Pap: A 21st Century Dystopia. In a world run by PapCorp, the megalith of corporations controls all that people see and believe. Vincent Humbolt, celebrity PapNews presenter, believes every word of the gossip and scaremongering he recounts. Yet the Talavera family see another world as they escape the atrocities of PapSec in Southern Spain. In bringing these two story-lines together, Pap asks important questions about the role of big business and accepted wisdom in our modern world. Followed by an open discussion.

WORKSHOPS

Psychodynamics of Capitalism: A self-exploration (Part 1/2)

FairBindung

Corvinus University – E340 - 16h30

Why is it so hard to make capitalism history? We want to explore the psychodynamics of capitalism and the embodied barriers towards a transformation within ourselves – in practice and theory. The workshop is based on Welzer, who states that the imaginary of growth not only rules the world, but also our minds and souls. To transform those mental infrastructures, we are inspired by Hunecke who suggests to strengthen skills such as solidarity and mindfulness. The workshop comprises two parts, taking place Wednesday and Friday. In between, there will be little voluntary exercises to explore pathways into a degrowth society.

Miss the misunderstanding: A practical guide to reveal how vague we describe stuff. Or maybe not?

Markus Arzberger, BCSSS

Corvinus University – E328 - 16h30

Ambiguity and misunderstandings are very common reasons for projects to fail. Do I really understand what you are trying to tell me?

What do you mean by saying degrowth? Is it something economic or some sort of growth disorder?

In small groups of two or three people we will try to find out if there is a difference between the six blind men and us. You can find the Indian tale here:

<http://www.jainworld.com/literature/story25.htm> Bring paper and a pen if you can, but don't worry, we won't write down a lot of stuff.

Maker Space

Golya 16h30

Makerspace.hu is a makerspace initiated by the Hungarian Scout Association to promote learning-by-doing and learning-by-making education in Hungary.

Upcycling workshop

Gabriella Kiss

Golya 16h30

Upcycling workshop with cafe capsules. If we don't want more waste, we can upcycle materials like aluminium capsules. In this workshop we create new products from waste especially jewellery. For participants we offer the opportunity to be creative and use raw materials to try their chic. You can create rings, necklaces, earrings from capsules by yourself. We bring everything for the workshop participants can donate 700 Ft for the tools and parts.

Játtékkub - Társasjátékok örököknek felnőtteknek

Magnet Ház 18h00

Gyere játssz velünk, várunk téged a nem növekedés hetén is. Olyan kevésbé ismert játékaink vannak, melyeket 4-8 fős csoportokban játszunk. A ház szellemiségéhez híven kerüljük a harcolós, erőszakos társasokat. Téged hívunk, ha:

- szeretsz játszani, nevetni, nyerni
- szereted a társaságot
- tudsz veszíteni is
- felnőtt vagy (elég addig, amíg elkezdjük a játékot)

Játékmesterek: Éva, Tünde, Bandi, Alti

Kontakt Jam

Olimpia Park 17h00 – 19h00

A kontakttánc maga a kapcsolat. Érintés, a partnerrel, a többi táncossal, a térrel, a földdel. Testtudat, kreativitás, szabad mozgás, improvizáció. Önismeret, valódi figyelem, egység élmény, mozdulatpárbeszéd. A kontakt improvizáció a jelen pillanattól születik. Nem a mozdulatokkal kapcsolatos döntések vezetnek az ívét, hanem váratlanul, spontán történik minden pillanat. Tanít rá, hogy megtanuljunk figyelni a másik rezdüléseire, a sajátjainkra és hogy a kettő között hogyan hozunk létre áramkört. Egymás választásait egységélménnyé érlelhetjük, mindezt erőlködés és türelmetlenkedés nélkül. Rövid hangolódással és felvezetéssel kezdünk, ami fokozatosan jammé alakul.

Földvári Eszterrel

PANEL DISCUSSIONS

Towards alliances of alternatives to development:

Environmental justice, economic democracy, energy sovereignty, alternatives confluences, happiness, commons and degrowth

Research & Degrowth, EnvJustice and ACKnowl-EJ.

Corvinus University – EIV - 16h30

Critique and resistance are important, but not enough. We need our own narratives, and we need to critically articulate them in diversity and solidarity. This panel focuses upon the issue of alliances among social movements, from resistance to alternatives. Some of the questions to be explored include: Which commonalities and differences exist among different political proposals? And how could this be turned into an enriching diversity, rather than a source of division? How shall we envision confluences?

Panelists include: Bengi Akbulut, Daniela Del Bene, Ashish Kothari, Julien Francois Gerber, Amaia Perez-Orozco and Joan Martinez-Alier. Moderator: Federico Demaria

'Degrowth' or 'Post-growth': what's in a name?

Corvinus University – EIII - 16h30

The intention is to move beyond differences of tactics and emphasis in order to identify what it is that the different movements/groupings have in common. Thus, we hope it will serve to demystify the terminology for people unfamiliar with the debate and to take them quickly into the substance of the growth critique. The format would involve three or perhaps four speakers from different strands of the growth critique, and ideally several different countries, explaining why they use the terms they do, and what emphasis they hope this suggests. This will therefore also serve as an introduction to some key texts in the field. Suggested speakers are:

Jonathan Essex (contributor to 'The Post-Growth Project', Green House, 2014), or alternatively Dr Ray Cunningham (joint editor)

Prof. Giorgos Kallis, co-author of 'Degrowth. A vocabulary for a new era' (Routledge, 2014)

Prof. Dr. Uwe Schneidewind, co-author of 'The politics of sufficiency : making it easier to live the good life' (2014)

Angelika Zahrt, co-author of 'The politics of sufficiency : making it easier to live the good life' (2014) 5. Irmel Seidl, co-author of 'Postwachstumsgesellschaft. Konzepte für die Zukunft' (2010)

MOVIE SCREENING

Hány ember élhett a földön?

Magnet Ház – 18h00

Attenborough nagyszerű 1 órás BBC filmjének vetítése alatt 10 ezer emberrel több lesz a Földön. A nemnövekedéshez először is a népességszámot kell visszafordítani. Ez könnyű, gyors, olcsó win-win game, mindenki nyer vele, hiszen a teherbeesések legalább 40 %-a baleset. Szexuális felvilágosítás és a fogamzásgátlás emberi joga (ENSZ, 1968) a kulcs.

WEDNESDAY 31.08

Moderátor: Dr. Magasi Ildikó, beszélgető társai:

Simonyi Gyula fenntarthatóság-kutató, matematikus, BOCS Civilizációtervezés Alapítvány

Dr. Asboth Márton, jogász, TASZ

Dr. Garay Ben jogász, antropologus illetve terveink szerint a Nemnövekedés Mozgalom egyik vezető közgazdásza is vendégünk lesz.

CONCERTS

Tindia Táncház

Golya 21h00

A Tindia egy négytagú moldvai zenét játszó együttes. Muzsikálunk táncházakban, táncutcákon, mindenféle mulatságon.

Tindia is a four-member band playing Moldavian music.

Béla Mühely

Szimpla 21h00

We have experimented with developing musical games and we research people's attitude towards music, sounds and creating them. We produce our devices together with Tóbiás Terebessy and Medence Group from industrial waste, used personal belongings, barrels, pipes, bike and computer equipment, tubs, pans and paper boxes.

We have developed some really unique musical equipment, instruments and musical games in the last few years. We often use improvisational, ironic and self-ironic techniques and basics with electronic effect (big beat, dubstep, drum and bass, jungle), but authentic Turkish, Arabic and South American rhythms can also be found in our musical material.

We play Gypsy, Jewish songs and music from Vojvodina and Ghimes as well as classical and contemporary literature pieces.

Paraszta Pé

Aurora 21h00

Paraszta Pé is not a Hungarian folk band. Nor is it a Brazilian folk band. We don't play csárdás and we don't play forró. We simply take our beautiful Hungarian folk instruments, and give them new life with our experiences in northeastern Brazil. In this way, we are creating a new sound for traditional music. The name of the band is a composite of the Hungarian "paraszt" (peasant) and the Portuguese "arrasta pé" (a fast dance), and represents our offer of a simple, rustic, and seductive musical experience.

TOUR

Growth and degrowth in Budapest: a tour of places and communities

Budapest Zöldutak

Meeting point – In front of Corvinus University 16h15

During this walk in the 9th and 8th districts we will see places and meet people with the promise of a better functioning society - with some counterexamples as well. Join if you are curious what initiatives are hidden among the old houses of Budapest and how they survive in the global power of business. Community allotments, food bank, underground club - you name it.

Garden City to Transition Town: a visit to Wekerle Estate

Transition Wekerle

Wekerle

How does a local community relocalise its food, energy and create more participation in decision-making?

Wekerle Estate has its roots in a Utopian vision, where urban-planning met early environmentalism and social innovation and gave rise to a 1km² experimental suburb with 60 000 trees and 16 000 fruit trees at the turn of the last century. How do the local people take their past and create momentum for local development now? Visitors will have a chance to walk or cycle around the Wekerle estate and visit sites emblematic of local participation and climate-friendly transition, including some 'hot topics' such as the unused Ady Cinema.

EVENING PLENARY

Capitalism and (de)growth

Amaia Pérez Orozco, Susan Paulson, Iván Gyulai

Corvinus – EIV - 19h00

Facilitator: György Pataki

The panellists of the evening panel will be stimulated by an engaged facilitator to juxtapose their views on the key challenges for degrowth. The panellists come from different parts of the world, hence viewing the challenges from different socio-economic and cultural perspectives. Their discussion will meander along the key topics of the day, outlining the key degrowth challenges, such as the internal contradictions of capitalism, exiting growth and comparing the transition experiences and potentials in the parts of the world where they originate.

BOOK PRESENTATION

Karl Polanyi: A Life on the Left

Gareth Dale

Corvinus University – E334 - 16h30

Karl Polanyi: A Life on the Left is the first biography of the Hungarian political economist Karl Polanyi. In this book launch, I shall reconstruct parts of Polanyi's journey as it interacted with events unfolding on the European and transatlantic stages: from Polanyi's childhood in Budapest to the First World War and Hungary's post-war revolutions; his twists and turns from bourgeois radical to guild socialist under the impact of Red Vienna and the menace of fascism; and his ambivalent relationships to Christianity, social democracy, communism, and the New Deal. Further information is at <http://cup.columbia.edu/book/karl-polanyi/9780231176088>

Introducing the Not-for-Profit World Model: A vision for a flourishing post-growth economy

Jennifer Hinton, Post Growth Institute

Corvinus University – E336 - 16h30

This presentation is based on the Post Growth Institute's forthcoming book, How on Earth: Flourishing in a Not-for-Profit World. Co-author Jennifer Hinton will present the Not-for-Profit World economic model as an alternative to the growth-based economy. Based on current social trends and the rise of not-for-profit business, the Not-for-Profit World model places human and ecological well-being at the heart of the economy, paving the way for more equality, ecological stewardship and real value creation. We will also discuss how to support a transition from the current for-profit economy to a flourishing not-for-profit economy.

The antiprivatization struggle of Water and Sewage Company of Thessaloniki

Water Warriors

Corvinus University – E 338 - 16h30

The purpose of the intervention is to present the upcoming book of Water Warriors, which summarizes the most significant events in the water struggle of Thessaloniki that happened the last five years, analyzes the situation that led to the first greek referendum after 1974 and its result, (that was organized by the municipalities of the metropolitan area of Thessaloniki, Initiative 136 and Labour Union of EYATH with the collaboration of "SOSte to Nero", Water Warriors and other organizations and social movements), and finally reflects on the past, present and future of the water struggle in Thessaloniki through local, global and glocal perspectives. This book can not be considered a blueprint for other struggles. We hope that the documentation of actions, mistakes and omissions of the last five years can be proven helpful for the future of our local struggle, but can also inspire and give food for thought to both water and non-water issued struggles around the globe.

PARTICIPATORY DISCUSSION

Wellbeing, degrowth and consumption

Friends of the Earth Europe

Szimpla 16h30

A 2-hour participatory discussion using creative tools to expand participants' knowledge on the connections between wellbeing, degrowth and consumption, and to equip them with the tools to create positive change at community and/or political level, and within their work.

The workshop will be in 4 main sections: 1) Exploring various definitions of wellbeing and the links between wellbeing, economic growth and consumption; 2) Exploring the key question "What are the important things that would need to happen for you/your community to have a better quality of life in the future?"; 3) Discussing current European initiatives; 4) Action planning.

Gross National Happiness and Buddhist Economics: Gross National Happiness in Bhutan and elsewhere

Hungary-Bhutan Friendship Society

Aurora 16h30

Gross National Happiness (GNH) in Bhutan and other countries is presented. GNH is considered a major socio-economic tool to foster non-Western type of economic development. It's related to Buddhism, but more universally applicable. Principles of Buddhist economics including „small is beautiful” and „less is more” are investigated. Buddhist entrepreneurial activities are presented using cases from Bhutan, Europe, Hungary.

Gábor Kovács, PhD Scholar, Business Ethics Center, Corvinus University of Budapest (CUB), Hungary

András Ócsai, Red Noses “Bohócdoktorok” Foundation, Hungary

László Zsolnai, Professor and Director, Business Ethics Center, CUB. Hungary, and President, European SPES Institute, Leuven, Belgium

Zoltán Valcsicsák, President, Hungary-Bhutan Friendship Society, Hungary

Degrowth Discussions beyond Europe: Opportunities and Challenges

Golya 16h30

The panel would be an interactive discussion about the past scopes and future hopes of starting any kind of Degrowth discussion in countries beyond Europe, between the panelists and the audience at large. The panel consists of both speakers who have tried to, and been successful in starting such discussions, through symposiums, debates etc., as well as speakers who have visions for such initiatives.

Speakers:

Dr. Julien-François Gerber- Asst. Prof. at ISS, the Hague He organized the First Degrowth symposium in India, co-editor of the forthcoming Post-growth thinking in India. He will be talking about the challenges he faced during organizing the symposium, and how he overcame them. And insights about starting the discussion about Degrowth in India and other countries of Global South from his experiences)

Dr. Ana Inés Heras - CONICET, Argentina @ Universidad Nacional de San Martín and Instituto para la Inclusión Social. She will be talking about "Hacia Otra Economía, Otra Sociedad, Otra Educación, Otra Cultura" (Towards another Economy, Society, Education & Culture) in Argentina and Latin América and discussing the core orientations, ongoing networks, and current (unsolved) tensions.

Arpita Bisht- PhD student, TERI University and co-founder, Degrowth India Initiative She will be talking about why Degrowth India Initiative was started 1 year ago (August, 2015) and the opportunities and challenges it has encountered, with the broader picture of why it is relevant to be talking about Degrowth. Sam Bliss- PhD student, University of Vermont and Fulbright fellow, Universitat Autònoma de Barcelona. He will speak about how degrowth remains nearly unknown in the United States, and how a movement might form to fill this void.

Moderator- Brototi Roy, PhD student, ICTA, UAB and co-founder, Degrowth India Initiative

WORKSHOPS

World Café: Co-designing degrowth narratives

Research & Degrowth, Francois Schneider and Filka Sekulova (part I)

Corvinus University, - Aula - 16h30

The session aims at bringing the wealth of knowledge embodied by all participants in the conference and degrowth week towards co-designing narratives on degrowth in various fields: care, energy, transport, work, money, education, natural resources, democracy, politics, commons.

We will work in small groups on building narratives or story-boards, which will be stitched together in the end, presenting our evolving common imaginary/ies of social transformation. This session aims at embracing diversity and collectively developing stories in which we challenge:

- the supremacy of one culture: decolonization instead of colonialism
- the supremacy of one concern, or reason for action: only bio-physical limits, or only democracy, or only well-being, ecology, justice, conviviality
- the supremacy of one scale of action: only individual, or only local, or only regional, only continental, only global
- the supremacy of one profile as “the actor of change”: only practitioners, or only researchers, or only activists
- the supremacy of one strategy for action: only opposition, or only alternatives-building

Global Postural Gymnastique in Being and Time

Fabíola Menezes de Araújo

Corvinus University – E340 - 16h30

The workshop will begin with a short speech about Being and Time. Then, three exercises of global postural gymnastique will be proposed. A short meditation in silence will also be proposed. And, in the end, we will open the session for questions about the speech and about how it is possible to improve the being with the practice of the postures indicated in the workshop.

Consensus decision making workshop

Premium Cola

Aurora 16h30

A crucial part of our work is the “Consensus Democracy”, which means the conscious non-hierarchical and common decision-making involving all stakeholders of a collective. The result of this decision-making is not only smarter decisions but also more social decisions. This process includes indeed every needs and opinions of the participants. The aim of this workshop is therefore to practice different methods of consensus decision making in order to better face the challenges and difficulties of this process.

The dangers of technology: A creative writing workshop

Adam R. Mathews

Aurora 16h30

Adam R. Mathews will be using sections of his new novel, *Pap: A 21st Century Dystopia*, as the basis of a creative writing workshop on the dangers of technological dependence. By considering past and future technological progress, the workshop will inspire participants to think about the real risks of technology. Those ideas will then be used, alongside a number of writing techniques, to create short works of fiction that are cutting and critical of today's world. In doing so, this workshop will help provide alternative narratives to the mainstream, growth-based agenda.

Upcycled t-shirt rugs: Creative workshop - Varronomia

Golya 16h30

We will together create colourful rugs and baskets from old T-shirts. Making a rug or a basket takes a couple of hours and can be made by more persons together. Actually no sewing is involved in the creation of these objects instead they are constructed by tying knots on strips of fabrics cut from the old T-shirts. The process is easy and fun to learn and the finished objects are pretty and useful and can be taken home after the event. Please bring old T-shirts or other fabrics if you can.

Repair Café

Golya 16h30

The Repair Café teaches people to see their possessions in a new light. And, once again, to appreciate their value. The Repair Café helps change people's mindset. This is essential to kindle people's enthusiasm for a sustainable society. But most of all, the Repair Café just wants to show how much fun repairing things can be, and how easy it often is. Why don't you give it a go?

A jobb és élhetőbb világért tenni is kell, nem csak várni, hogy majd valaki jobbá teszi számunkra. Minden nagy változás úgy kezdődik, mint mikor egy csepp belepottyan egy tál vízbe...a többit már láttuk. Szeretnénk összehozni azokat az embereket, akik tennének valamit azért, hogy a világunk élhetőbbé, környezettudatosabbá váljon.

KÖKÖR

Judit Máriával

Magnet Ház 18h00 – 21h00

Képző és alkotó kör minden korosztálynak, aki szereti a természetet és szeret rajzolni, festeni.

A természetben található csodákból pl. kő, faág, levél, kavics, színes és illatos bogyók, magvak, termések vagy akár a lábad elé hulló tollpihe felhasználásával készítünk képet, mandalát, alkotást. Megérezheted, mit üzen neked egy kavics, egy falevél vagy egy virágszirom. Én ebben a csodálatos világban alkotok és élek s ezt szeretném megosztani másokkal is. Szeretném, ha nemcsak együtt alkotnánk, hanem közösen gyűjtögetnénk havonta egy-egy kirándulás alkalmával.

Hová szalad ez a világ? (Slow Budapest)

MagNet Közösségi Pont – 17h00 – 19h00

Milyen következményekkel jár a felgyorsulás? Mit tudunk az információs túlterheltség és a fogyasztói társadalom hatásairól? Van-e lehetőség és szükség egyáltalán a lassításra? Krajcsó Nelli, mindfulness meditációs tréner és a Slow Budapest alapító-vezetője előadásában a túlhajszoltság okairól és következményeiről beszél, elsősorban az egészségpszichológia felől megközelítve a témát. Csapatával 2012 óta vizsgálja a gyors-lassú témáját, és a lehetőségeket az egyéni egyensúly megtalálására egy rohanó nagyvárosban, ebben a 21. századi gyors tempóban. Krajcsó Nelli folyamatosan tart előadásokat konferenciákon, céges rendezvényeken, és egyike azon keveseknek, akik 3 TED előadást is tartottak már itthon. Egy civil szervezetet és üzleti vállalkozást vezet, 2015-ben felkerült a La Femme 50 tehetséges magyar fiatal listájára, Budapesten biciklivel közlekedik, nincs okostelefonja, rendszeresen medítál és jógázik. Ő az első magyar anti-határidőnapló megalkotója, írásait a Slow Blogon lehet olvasni.

PANEL DISCUSSIONS

WORK Out of the Box! WORK and SUSTAINABILITY: new concepts of WORK in the Overshoot

Green European Foundation - Ökopolisz

Corvinus University – EIV - 16h30

The world has reached the "Limits to Growth" - we are in the status of overshoot, overuse, overconsumption, overpopulation. Our event on September 1st will be held 3 weeks after the 2016 Overshoot Day: on August 8, 2016, we will have used as much from nature as our planet can renew in the whole year. We need a new vision of a post-growth economy that fits again within the planetary boundaries while satisfying real societal needs, guaranteeing wellbeing and a future for all.

Among many others, we need to rethink our concept of WORK. Can we provide real, meaningful, added-value-generating jobs for all active-age men and women of the over 7 billion inhabitants of the Earth? If yes, how? If not, how shall we redefine and widen the meaning of WORK?

Work is much more than spending time at a job! Work includes running a household, caring for children and elderly, helping in the community and other forms of voluntary and political work. To grasp the diversity of work, a green and feminist understanding of work, questioning the gender and international division of labour, is required. Work equals money?! Equal work, equal pay? Working for a living, or a better life? What is the future of the work - and what is the work of the future?

Registration: <https://www.facebook.com/events/1041413942602774/>

Feminism(s) and degrowth: Conflicts, intersections and convergences between two radical political movements.

Moderator: Federico Demaria - Research & Degrowth

Corvinus University – E111 - 16h30

Feminism(s) and degrowth do have many commonalities. A thorough comparison can perhaps highlight the limits and contradictions of each, as well as the possible contaminations and convergences. This panel aims to explore ways in which an alliance between them can be fostered, including challenges and strategies. It discusses to what extent can any degrowth proposal be coherent if it is not feminist unto itself; and to what extent should feminism(s) integrate a degrowth critique if it does not want to – unwillingly- play the role of capitalism. Panelists include: Amaia Perez-Orozco (Spain), Marco Deriu (Italy), Bengi Akbulut (Turkey), Giacomo D'Alisa (Italy).

Getting climate activists to talk more about Degrowth: Building links and sharing ideas

Maddy Ryle (The Democracy Center)

Szimpla 16h30

Many climate activists are aligned with degrowth thinking– but it seems we don't hear that much about degrowth in the discourse of the climate movement (which is asking for "system change"). That seems like a lost opportunity, so we invite you to an open discussion to understand what links already exist between the degrowth and climate movements, and to think of ways to create a better movement of ideas, strategies and solutions between them. Ideally this discussion will include looking at the relevant issues and dynamics in the contexts of both rich world and majority world economies.

MOVIE SCREENING

Enough is Enough

Dan O'Neill

Corvinus University – E332 - 16h30

The proposed event is a screening of the short 20-minute film "Enough Is Enough". The film makes the case for why wealthy nations should abandon the pursuit of economic growth, and explores three of the changes needed to achieve a steady-state economy. It includes interviews with a number of leading sustainability thinkers in the UK, including Tim Jackson, Kate Pickett, and Andrew Simms. The screening would be followed by a discussion with Dan O'Neill, who is the co-author of the book "Enough Is Enough: Building a Sustainable Economy in a World of Finite Resource", which the film is based upon.

Are empowered women leading society toward planetary balance?

Jim Merkel

Corvinus University – E330 - 16h30

In 82 nations women birth below replacement levels meanwhile 56 nations attempt to increase birthrates. Filmmaker Jim Merkel travels to Cuba, Kerala, Slovenia and back to the USA to meet empowered women who birth lightly and strive to reduce their ecofootprints. Small families and footprints maintained for 100 years could compassionately return half the earth to nature averting the 6th extinction. Today humanity uses 62 percent more than earth's ecosystems can renew. Is there a "New Women" ready to rebalance earth? Jim Merkel is author of "Radical Simplicity -- small footprints on a finite earth."

He 4 She - Mustang - Mi az eredménye, ha az elavult társadalmi szabályokat ráerőltetjük az Y generációra?

Mozsár kávézó - Nagymező u. 21 - 18h00

Deniz Gamze Ergüven első filmes török rendező a Mustang című filmjében öt lánytestvér sorsán keresztül szembesít minket az elnyomással, a kényszerekkel, a nőellenességgel és azzal, hogy hova vezet az, amikor nincs választás csak felsőbb akarat, ahol az ember élete sztoikus beletörődéssé silányul. Mindez egy ártatlan fürdőzéssel veszi kezdetét a tengerparton, ahol a lányok kihasználva a nyári szünet kezdetének eufórikus örömét együtt játszanak a fiúkkal a vízben. A török falu népe ezt nem nézi jó

szemmel, a kamaszok megnevelését erkölcsöszként fellépő nagymama és nagybátyjuk veszik kezükbe, középkori módszerekkel próbálják megrendszabályozni és betörni őket, hogy a kőbe vésett, szigorú hagyományokon ne essék csorba...

Moderátor: Vasali Zoltán

Beszélgető partnerek:

Acsády Judit szociológus

Ábrahám Júlia feminista politikus

Gajárszki Áron feminista politikus

Pál Mónika pszichológus

ARTISTIC PERFORMANCE

Collective degrowth mandala painting

Alejandra Barrera

Corvinus University – Aula - 16h30

This artistic event deals with a reflexion about the importance of the consciousness of the Self, from a transrational peace perspective, for the conviviality, improvement of the human relations and the conservation of the environment. The participants will relate to people sharing time and space, painting a collective mandala that will be the place to interact and share 'personal traces'. It will be also the space to create and transform conflicts, in that way a "purpose of Relational Painting is the cohesion of the group or community" and the space to share, to respect and to invade? Finally the center of the mandala will be the place where the collective synergy and osmosis meet". (Carrascosa, Alex. 2014). The facilitator has to deal with some conflicts between the participants and to keep the balance in the group. Why painting? Cy Twombly, tells us that the best image of a human soul are signs, and that the now of each line is a concrete experience of its own story...it does not illustrate anything ...it is the emotion of its own realization. In this way painting, from the very inner self, through signs, lines and traces allows us to express our intuition, emotions, and feelings. Expressing our reflections graphically about degrowth. Everybody is invited to paint for degrowth! Please bring with your brushes, material will be provided. Free donation.

TOURS

Zsamboki Biokert/Zsambok's Organic Farm Visit and Practical Introduction to Organic and Biodynamic Farming in Hungary

Zsamboki Biokert

We would like to welcome guests to our farm for a visit which will include a practical introduction to our farm, our organic and biodynamic production practices, and our community supported food initiatives in Budapest and the surrounding area. The visit will include:

- an introduction to our farm and our team members
- a guided visit around our farm with an explanation of organic crop rotations, plant protection, garden planning, composting, human and animal powered garden management, and efficient layout and design of farm infrastructure
- a discussion about our marketing activities and the importance of maintain a high level of transparency with our customer-partners

Közösségi Kertek Éjszakája/The Night of Community Gardens of Budapest

Budapesti közösségi kertek színes csapata/Colourful group of community gardeners of Budapest

Az elmúlt években több mint két tucat közösségi kert jött létre Budapesten. Elhanyagolt lakótelepi zöldterületek, iskolaudvarok, vagy épp üresen álló belvárosi foghíjtelkek alakultak rövid idő alatt helyi és egészséges zöldségek, gyümölcsök megtermelésére, pihenésre, kapcsolatépítésre alkalmas sokfunkciós közösségi terekké. Az Első Közösségi Kertek Éjszakáján több mint 10 kertközösség együttműködésének köszönhetően minden érdeklődő számára lehetőség nyílik bepillantani a városi kertek izgalmas és változatos

THURSDAY 01.09

világába. A csatlakozó kertközösségek – Aranykatica Kert, Békási Kert, Csárdás Kert, Élet-Kert Közösségi Udvar, Erdőkert, Fókusz Női Csoport Kertje, Grundk3rt, Kerthatár Közösségi Kert, Kékvirág Kert, Kisdió Kert, Leonardo Kert, Lőrinci Kertelő, Polgárőr Közösségi Kert, Zug-kert Több információ FB: <http://bit.ly/2aMAZ8q>
In recent years, more than 20 community garden was established in Budapest. Neglected community areas, empty schoolyards, empty public spaces were converted into gardens with full of vegetables, flowers and fruits and suitable places for relax and convivial community meet-ups. The First Night of Community Gardens of Budapest with more than 10 community gardens give an interesting opportunity to peek into the exciting and diverse world of urban gardens of Budapest. Community Gardens with open programs: Aranykatica Kert, Békási Kert, Csárdás Kert, Élet-Kert Közösségi Udvar, Erdőkert, Fókusz Női Csoport Kertje, Grundk3rt, Kerthatár Közösségi Kert, Kékvirág Kert, Kisdió Kert, Leonardo Kert, Lőrinci Kertelő, Polgárőr Közösségi Kert, Zug-kert More information FB: <http://bit.ly/2aMAZ8q>

Mindspace - Interactiv mass open urban game

Lumen - Mikszáth Kálmán tér 2 - 18h30 – 20h30

Who cares about the city? What do you think about your city? What do you think your city thinks about you? Come and join us for an urban game and find some answers. Discover the city better, understand the city better. And simply love it even more.

Open source workshop and bike share workshop

Cyclonomia / Lastenrad kollektiv

Cyclonomia - Katona József u. 39 - 16h30

Convivial bike sharing, DIY and cooperative production workshop.

Cyclonomia is a DIY open workshop and Cargo bike manufacturing cooperative. Lastenrad Kollektiv is Vienna city self managed cargo bike sharing system. Open Source Bike Share is the world's first low-cost and open source bike sharing system. This bottom-up bicycle sharing system will present their activities and practice/develop together low-tech alternatives. Postal address: Budapest, Katona József u. 39.

Hány ember élhett a földön?

Magnet Ház 18h00

Attenborough nagyszerű 1 órás BBC filmjének vetítése alatt 10 ezer emberrel több lesz a Földön. A nemnövekedéshez először is a népességrobbanást kell visszafordítani. Ez könnyű, gyors, olcsó win-win game, mindenki nyer vele, hiszen a teherbeesések legalább 40 %-a baleset. Szexuális felvilágosítás és a fogamzásgátlás emberi joga (ENSZ, 1968) a kulcs.

Moderátor: Dr. Magasi Ildikó, beszélgető társai:

Simonyi Gyula fenntarthatóság-kutató, matematikus, BOCS Civilizációtervezés Alapítvány

Dr. Asboth Márton, jogász, TASZ

Dr. Garay Ben jogász, antropologus illetve terveink szerint a Nemnövekedés Mozgalom egyik vezető közgazdásza is vendégünk lesz.

CONCERTS

Gobé

Golya 21h30

The Hungarian folk music scene is colourful, exciting, and diverse. Some artists cling to original sounds drawn from contemporary musical genres, while others seek their deepest inspiration exclusively in the context of traditional music. As a result, they both continually refine the sound of Hungarian folk. The Gobe Band remains somewhere in the middle between these two extremes. Its members are clearly inspired by the great tradition of local music, but they also strive to add their own ideas to it. The audiences who have already had the pleasure of seeing the Hungarians live know that this diversity gives rise to a delicious and sophisticated cocktail. Gobe Band's light and friendly-

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sounding music that captivates and entertains listeners is constructed of closely interrelated elements of jazz, blues, country, classical music and the broad folk traditions of the Carpathian Basin.

Babra

Szimpla 21h30

The music of Babra reinforces the diverse line of South Slavic folk music, while adding freshness, green tendrils and colours to it. Partly due to family relations, the band's musical identity is basically determined by two Hungarian multicultural places, Bács-Kiskun County and Budapest. Babra has become one of the popular urban folk music bands of Budapest in a very short time by authentically representing the more dense musical traditions of the Balkan region, furthermore, the South Slavic tambura music influenced by the music of Hungarian and Gipsy people living in the region.

Szilvási Band

Aurora 21h30

A Szilvási Gipsy Folk Band története néhány tizenéves fiatalember közös muzsikálásából bontakozott ki. Az egykori Romano Glaso nevű Ki mit tud?-győztes zenekarból alakult kvintett a hagyományos roma népzene némiképp felújított változatát játssza, elegánsan és gördülékenyen keverve azt a balkáni dallamokkal, a latin hatásokkal sőt, időnként némi rappel. Semmi erőlködés, inkább elbűvölő lazaság, vidámság és könnyedség.

EVENING PLENARY

Alliances between Global North and Global South

Beatriz Rodríguez Labajos, Miriam Lang, Ashish Kothari, Edgardo Lander

Corvinus University – EIV - 19h00

Degrowth proposals are largely debated within and for the Global North. Despite strong dynamics and orientations towards economic growth and Western-style development in certain countries of the Global South, concepts like „buen vivir“, ‘post-growth’, swaraj and radical ecological democracy, and underlying these a wide range of practical approaches have emerged. They are promoted by social movements, critical intellectuals and sometimes even by NGOs, small firms and progressive persons within the state bureaucracy. Possible alliances for degrowth and post-growth between the Global North and South are discussed in this panel.

BOOK PRESENTATION**Family agroindustry and degrowth****João Luiz Homem de Carvalho***Corvinus University – E330 - 16h30*

Presentation and discussion about the book Family agroindustry and degrowth.

In this book you will find an experience that many - at the time that it was implemented - called a completely utopian proposal. However, it was fully achieved and proved that it is possible to carry out an agro-food production by undertaking the reallocation of both production and consumption, combined with a social inclusion program based on degrowth principles regarding the use of natural resources. To this end, it sufficed to have political will. This experience, initiated by the Federal District Government during the 1995-1998 administration, was called PROVE - Verticalization of Family Production Program, and consisted in implementing in the property of farmers considered as socially excluded, due to the conditions of extreme deprivation, small agro-industries of approximately 40 m². The program was funded by the farmers themselves, but had the input of the Federal District Government (technical assistance, support for sanitary requirements and marketing, etc). Within three months of operation, the agro-industries produced enough to triple the family income. However, the biggest lesson learned was that it only takes political will and determination to promote the socioeconomic inclusion of small producers, who would otherwise be destined to a life of social exclusion and lack of dignity. All that while respecting "Mother Earth".

**The effort of Unconditional Basic Income so a critical review on labour and value society:
How and why to bridge to an expected possible post-capitalistic experience****Lina Raquel Marinho and André Barata Nascimento***Corvinus University – E332 - 16h30*

An open discussion and debate rethinking the capital labour society and its base term on generating value so to reconsider labour and value themselves towards Hannah Arendt's discussion, authors of the Krisis initiative and towards the Marxists' central analysis and their necessary relation as built as an exclusive way. Plus rethink labour social role expanding then thoughts on capitalism and its productivism and on possible outsider's configuration as the Unconditional Basic Income also capable of overcoming such fundamental related terms and expected, desired to be able to become an effective effort facing and structuring a post-capitalism experience along Degrowth itself.

PARTICIPATORY DISCUSSION**Transition Policies from a high, to a low, entropy production Society****OIKOS - Anthony Friend***Corvinus University – E328 - 16h30*

The Workshop will focus on the application of SAGE-P to measure the entropy production of cities in three dimension, (A) Ecosphere, the city as an ecosystem, (B) Sociosphere, the city as social system, (C) Econosphere, the city as an economic system. The participants will be introduced to pluralism in values where the values of: (i) ecological objects/function are conserved themselves or existential, (ii) social objects/function are conserved in use or participation, (iii) economic objects/function are conserved in exchange of prices. The result of the workshop is to define the policy of cities to reduce the rate of entropy production to minimum in consumption, production and capital accumulation compatible with the social-cultural values of the community which makes up the unique fabric of each city.

A hatékonyság határai - beszélgetés a művészet szerepéről a nemnövekedés jövőjében

Müszki and artists involved in the Degrowth Week

Müszki 16h30

Növekedés nélküli gazdaság. Újdonság nélküli művészet. El tudjuk-e ezeket képzelni akkor, amikor minden újragondolása aktuális? A budapesti Nemzetközi Nemnövekedés Konferencia apropóján művészeket, gazdasági szakértőket, gondolkodókat hívunk el a MüSzibe, hogy közösen vitassuk meg, mi lehet a művészet szerepe egy növekedés nélküli gazdaságban. Ha nem a növekedésben érdekelt kreatív ipar vagy más (állami) ideológia adja az irányokat a művészeti intézményrendszer számára, akkor mi? Jelenthetnek-e perspektívát az olyan autonóm helyek, mint a Corvin Áruházban működő MüSzi? Egyáltalán: mi teremti meg a művész(et) értékét, ha nem a pénz? Beszélgetnek: Berecz Zsuzsa, Salamon Júlia, Sugár János, Szalay Zsuzsanna, Székely Juli és mások

Alom Budapest/Dream Budapest: Dreaming of Research in Practice

Designing solidarity based collaborations for Degrowth between Universities, NGOs, and Civil Service Initiatives. Logan Strenchock, Central European University

Müszki 16h30

This event will open a discussion between researchers and practitioners about how to develop inclusive, and solidarity based partnerships which provide support to ground-level civil service initiatives inspired by Degrowth. The discussion will introduce research conducted as part of the ARTS Project (Accelerating and Rescaling Transitions for Sustainability), which involved partner researchers and civil service organizations from Budapest, Genk, Stockholm, Dresden and Brighton. The discussion will challenge participants to outline future orientations of University supported research and training projects, and outlooks for revitalizing what has largely taken shape as observation-based researched, into action-prioritized constructive collaboration.

WORKSHOPS

World Café: Co-designing degrowth narratives

Research & Degrowth, Francois Schneider and Filka Sekulova (part II)

Corvinus University – Aula - 16h30

The session aims at bringing the wealth of knowledge embodied by all participants in the conference and degrowth week towards co-designing narratives on degrowth in various fields: care, energy, transport, work, money, education, natural resources, democracy, politics, commons.

We will work in small groups on building narratives or story-boards, which will be stitched together in the end, presenting our evolving common imaginary/ies of social transformation. This session aims at embracing diversity and collectively developing stories in which we challenge:

- the supremacy of one culture: decolonization instead of colonialism
- the supremacy of one concern, or reason for action: only bio-physical limits, or only democracy, or only well-being, ecology, justice, conviviality
- the supremacy of one scale of action: only individual, or only local, or only regional, only continental, only global
- the supremacy of one profile as “the actor of change”: only practitioners, or only researchers, or only activists
- the supremacy of one strategy for action: only opposition, or only alternatives-building

Psychodynamics of Capitalism: A self-exploration (Part 2/2)

FairBindung

Corvinus University – E340 - 16h30

Why is it so hard to make capitalism history? We want to explore the psychodynamics of capitalism and the embodied barriers towards a transformation within ourselves – in practice and theory. The workshop is based on Welzer, who states that the imaginary of growth not only rules the world, but also our minds and souls. To transform those

mental infrastructures, we are inspired by Hunecke who suggests to strengthen skills such as solidarity and mindfulness. The workshop comprises two parts, taking place Wednesday and Friday. In between, there will be little voluntary exercises to explore pathways into a degrowth society.

Youth Impact: Strengthening Organizational Capacities to Build Peace in Europe

Georgios Melissourgos, Fundacio Catalunya Voluntaria

Corvinus University – E336 - 16h30

Youth Impact: Strengthening Organizational Capacities to Build Peace in Europe, is a partnership of UNOY Peacebuilders and five European UNOY members focusing on Monitoring, Evaluation and Learning (MEL) practices within youth peacebuilding organisations. The research done in the UNOY network demonstrates a need for improving strategic approaches to the work of youth organisations through MEL. Youth organisations frequently have high turnover of staff and volunteers. This creates a relatively short organisational memory is and frequently unsatisfactory knowledge management. Youth organisations are generally occupied with daily activities but lack the capacity to work collectively on long term strategizing. This results in (relatively) short term planning and decreases the quality of the programming. Carrying out in-depth organizational assessments and reviews enables youth organizations to position themselves more strategically in the field of youth work. We foresee to present the research, explain its sections on how to use it, while encouraging participants to make 2 practical exercises in small groups to understand better what are the project objectives and the main resulting tools. Our suggestion is to promote 2 workshops in small working groups according to participant interest and one individual exercise, to encourage everybody to make first steps mapping and analyzing their organizations and, later on, going deep in MEL techniques and routines in each dimension that is object of the PAMELI, while using some of the tools in the guidelines, gaining new understanding of the challenges.

Erasmus+ program: Actors of Transition; Spreading Sustainability in Europe

Thomas Handrich, Kreisau Initiative

Corvinus University – E334 - 16h30

In a three-step qualification course for change-makers in the field of sustainability and post-growth, 26 multipliers from Greece, Germany, Spain, Moldova, Serbia, Armenia and Poland exchanged experiences, perspectives and best practices regarding the fostering of sustainable development on a local level, all while keeping in mind the global scale. Identifying challenges in our social environments and coming up with ideas how to meet them with concepts of sustainability and post-growth, we promote sustainable leadership, consciousness of diversity and democratic values, including global and intergenerational fairness. In our workshop, we would like to provide some insights, incentives for discussion, a chance to exchange ideas, using creative methods of visualization and moderation.

Hangfördő - Szerhang Egyesület intuitív koncertje

Magnet Ház 18h00

Koncertünk lényege az, hogy a testünkben pangó folyadékokat a hangszereink rezgése fellazítsa, így segítsük a testünk méregtelenítő folyamatait, valamint az, hogy hangokkal segítsük a szervezetünket relaxált állapotba eljutni, melyben testünk regenerálódó képessége fokozódik, ez által pihentebbnek, koncentráltabbnak és érzelmileg stabilabbnak, egészségesebbnek érezzük magunkat.

Akrojóga (Tas Gergővel)

Olimpiai Park 17h00

„A saját egyensúly akkor igazán szép, ha mást is beleengedsz.” Ha szeretnéd Te is megtapasztalni a biztonságos repülés élményét, azt az erőt, mellyel képes vagy másokat megtartani, a közös mozdulatok és az együtt légzés harmóniáját, a kölcsönös bizalomból fakadó nyugalmat és stabilitást, a kezdő vagy közép haladó akrojóga technikák működését, a páros nyújtás és masszázs örömét, tarts velünk Te is!

Az akrojóga egyszerre erősíti és nyújtja a tested teljes izomzatát, jó hatással van a keringésre és az idegrendszerre, valamint a testi-lelki jó közérzetre. Mozgásos előképzettség nem szükséges, elég, ha a nyitottságodat és a jókedvet magaddal hozod.

PANEL DISCUSSIONS

Degrowth in the Parliaments: High profile European politicians discuss 'Politics of Degrowth' and 'Degrowth in Politics'

Green European Foundation and Research & Degrowth

Corvinus University – EIV - 16h30

This session will gather four outstanding politicians engaged with degrowth: Philippe Lamberts, MEP for the Greens (Belgium); Sabine Leidig, German MP for Die Linke; Juan Carlos Monederos, founder of Podemos (Spain); Rebeka Szabó, Municipal councillor and Deputy Major in the 14th district of Budapest, Zuglo.

They will share their experiences of attempting to promote degrowth within their parties and/or parliaments, especially the challenges they have been facing and the opportunities they see for degrowth to gain momentum in public debates, electoral campaigns and parliaments. The debate will then be open on whether and how the degrowth community, which includes grassroots activists, practitioners and researchers, could eventually support such processes from outside the parliaments.

Registration: <https://www.facebook.com/events/1081679225243017/>

Ecovillages: degrowth in practice

GEN - Global Ecovillage Network

Corvinus University – EIII – 16h30

We usually don't call it degrowth, we call it luxurious simplicity. It is about focusing on what matters and dropping everything else. Fifty years of practice is a reason enough to trust ecovillage innovations – they really work and they are a promise of the future we all deserve. Ecovillages developed functional methods in all four dimensions of sustainability: social, ecological, economical and cultural. We believe all problems of the world can be solved on the level of a village, and now we are asking ourselves: How can we start creating (eco)villages even in cities?

CONCERT

Csangallo

Műszi 21h00

A Csángálló Zenekar 2009-ben alakult olyan fiatal zenészekből, akiket a népzene szeretete, a közös muzsikálás öröme és a barátság kovácsolt össze. Jelenlegi felállásunkban 2014 óta játszunk, immár nemzetközivé téve az együttes összetételét. Zenei anyanyelvünknek a gyimesi és moldvai csángók népzenejét tekintjük, melyre építkezvén folyamatosan tágitjuk érdeklődési körünket, repertoárunkat és hangszeres tudásunk határait. Erdély páratlanul gazdag kincsestárából szívünknek egyaránt kedves Kalotaszeg, Mezőség vagy akár Székelyföld zenéje, melyeket egyedi hangszereléssel közelítünk meg, ezáltal is túllépve a fúvós és vonós zenekarok közti általános ellentéteken. Ezzel párhuzamosan nyitottunk a Balkán titokzatos és izgalmas világa felé, s annak kulturális öröksége iránt. Legyen szó Románia, Bulgária, Macedónia, Török vagy épp Örményország varázslatos muzsikájáról. A lényeg Egy. Zenénkben főként eredetiségre és a fiatalos lendületből fakadó dinamikus játékmódra törekedünk, rengeteg improvizációval fűszerezve. Hisszük, hogy a zene a közös nyelv az emberek között! S azt is, hogy e rohanó világban még mindig, mindenkinek szüksége van táncra, éneklésre és mulatságra. Ezáltal a megújulásra, mely szépíti a lelket s szellemet egyaránt.

DJ Chaos

Műszi 23h00

DJ Lobotom

Műszi 23h00

MOVIE SCREENING

Villes fertiles / Fertile cities

Suzanne Körösi

Műszi 16h30

Urban agriculture has a long tradition in Budapest. Bulgarian immigrant farmers have cultivated low energy and organic vegetables in and around the city for more than 150 years. Until the 80's they were the major vegetable suppliers of the capital. Now they are on the decline, only a few families continue this activity ; in our film they explain the main reasons for it. At the same time we visit new gardens in several neighborhoods in the city where the gardeners organize collective, organic vegetable production and tell us about their vision of the future and the place of food production in it.

La Belle Verte

Magnet Ház 18h00

Van-e valós értéke a pénznek? Szerethető-e egy gyönyörű nő ha nem használ ajakrúzszt? Katasztrófa-e ha a piros lámpánál váratlanul behajtodik a visszapillantó tükör? Túl naiv-e azt képzelni, hogy létezhet egy világ, amelyben ipari termelés, folyamatos gazdasági növekedés nélkül is létezhetnek emberek? Vajon a Nemnövekedés társadalma ilyen lenne, vagy a Nemnövekedés tulajdonképpen egy másképp növekedés? Mi lehet az akadálya annak, hogy az emberiség a Nemnövekedés irányába induljon és egy hatalomvágytól és kapzsiságtól mentes világgá váljon a Föld, ahol az igazi értéket a szellemi, spirituális fejlődés jelenti az anyagi javak megszerzése helyett?

Moderátor: Cohen Áron

beszélgetőtárs: Pogatsa Zoltan közgazdász

EVENING PLENARY

Is climate justice possible without degrowth?

Claudia Salerno Caldera, Jagoda Munic, Matthias Schmelzer

Corvinus – EIV - 19h00

The panellists of the closing evening panel come from various spheres of work, from the world of diplomacy, activism and research, yet they all build an alliance for climate justice. They will be challenged by the facilitator to explore whether or not climate justice is possible at all without degrowth. On the way, they will touch upon the questions of lack of democracy, resistance, positive transformations, global climate agreement and alliances for climate justice.

Facilitator: Mladen Domazet

Jam Session

Köztéri Dzsemmelés D-ben

<https://www.facebook.com/events/1669693063351192/>

Utcazenészek, tábortűzisek, akadémisták, gitárosok, djembések, hárfások, szájharmonikások, hivatásosok, örömmzenészek, ütősök, vonósok, fúvósok, billentyűsök, tartotthangú énekesek!

MIKOR: 2016. szeptember 3-án, szombaton, 17 órakor - (érk.: 16:30)

HOL: Király-Kazinczy sarkán lévő játszótéren

Lesz áram is az arra éhes hangszereknek.

Hozd magaddal az erősítőd, laptopod, dobszeted, kórusod...

Lesz majd egy pár játékszabály, hogy senki ne legyen elnyomva. Kérünk, érkezz 16:30-ra.

Kazinczy street festival

Setáló Karnevál a Kazinczy utcában

<https://www.facebook.com/events/120623578380554/>

As it is our tradition, we would like to show how useful and good it is when the Street of Culture functions as a pedestrian street even on a permanent basis and when finally not hundreds of cars but cyclists, walkers and families occupy the most frequented area of Erzsébetváros. Concerts, children's programs, community cooking, artistic performances, come and join us!

Szeptember 3-án egy egészen különleges utcafesztivál várja majd a Kazinczy utcába látogatókat. Hagyományainkhoz híven szeretnénk megmutatni, hogy milyen hasznos és jó, ha sétálóutcaként funkcionál a Kultúra utcája, méghozzá állandó jelleggel, s ha végre nem napi több száz autó, hanem biciklisek, sétálni vágyók, és a családok lépik el Erzsébetváros egyik legfrekvenciáltabb részét. Idén - amellett, hogy koncertekkel, gyerekprogramokkal, közösségi főzéssel várnak mindenkit a helyi vendéglátóhelyek - egy másik, a témához erősen kapcsolódó, és nagyobb léptékű kezdeményezés is feltűnik, méghozzá a Nemnövekedés budapesti konferenciája, és annak csapata, illetve meghívott vendégei, előadói.

STANDS

Food and Seed Freedom Campaign: Defending the right to self-determination in food and seeds - Portuguese Seed Sovereignty Campaign

Corvinus University - Aula

Food is a central human activity, and seeds are central to our food systems. But the right to healthy and adequate food, to the resources to produce food, and to healthy and diverse seeds, is under severe attack. The commodification and privatisation of nature's gifts, coupled with ever broader intellectual property rights regimes and with the accelerated celebration of neo-liberal trade agreements between wealthy countries and their less wealthy counterparts, are eroding what was already a fragile human right. Increasingly, the reproduction, selling or even swapping of seeds is becoming illegal. We need to stop this trend by disobeying unjust food and seed laws and making sure food and seed sovereignty are recognised as a human right.

La ligne d'Horizon: les amis de François Partant

Caramentran

Corvinus University - Aula

Presentation of "La Ligne d'Horizon Les amis de François Partant" and sale of books of François Partant, Serge Latouche, Majid Rahnema, etc.

Yunity share point: share food, items and skills unconditionally

Yunity

Corvinus University - Aula

The yunity stand will be a place where people can share food, items and skills unconditionally. It will work similarly to free shops and so-called faireteilers, food share points which have proven to work smoothly in Austria, Switzerland and Germany. You are asked to bring food or items, anything that would otherwise go to waste so that during the Degrowth Week people will be able to share, take and ask for not only food but also things like clothes, books and even skills. In addition the stand will provide information on the ongoing development of the yunity platform and about the existing foodsharing initiatives.

Participatory Action Research Project

Antioch College, Richard Kraince

Corvinus University - Aula

How are activists learning from one another? Are degrowth efforts in one part of the world informed by the experiences of movements for change in other places? How can we increase the flow of ideas, co-create strategies for democratic dialogue, and build systems of mutual support transnationally in order to promote progressive degrowth efforts beyond our particular local struggles? While recognizing our own privilege, how can we help ensure that activists who desire greater connectivity wherever they are located have ample opportunities to engage with one another across social, geocultural, linguistic, and political divides? The purpose of this participatory action research project is to recognize DeGrowth Conference participants as social researchers who have the potential of linking activist communities in various parts of the globe. It is intended to underscore the importance of *translocal* thinking, which is informed by awareness of and experience in the struggles of localized activist groups in various localities. It is intended to encourage the construction of social media efforts through which participants may flesh out their ideas and contribute to the creation of a network of interlinked groups whose links to activist organizations operating in various parts of the world can help promote greater discourse and involvement in wider networks of support. Particular attention will be paid to ways to harness the resources of universities to increase transnational connectivity, promote inclusivity through community-based action, and to promote understanding of the linkages between intercultural solidarity

PERMANENT EVENTS

EXHIBITIONS

Italia Che Cambia

"The changing's face" from "Changing Italy"

Photo-exhibition that shows faces of people that changed their life to respect theirself, nature and society - Italia Che Cambia

Aurora

"Changing Italy" (www.italiachecambia.org) is an editorial and multimedia project. Our mission is to contribute to spread a culture for land conservation, environmental biodiversity, common goods, a culture for the transition to alternative economic models. A widespread culture focuses on the know-how and self-determination of people, rooted in their lifestyles and their everyday individual and shared practices. The photo-exhibition called "The changing's face" shows some protagonists of this change, including a quotes from the interviews we did with them answering the questions "What does it mean the world change for you"? and in the background something they showed about their activities.

Supply Change - Degrowth alternatives to the retail market monopolization

Changing the supply chain to make it fair, green and within planetary boundaries - EEB / FoE Hungary

Corvinus University – Aula

Through their strong buying power, and dual role as both buyer and provider to end consumers, supermarkets exert a major influence over the global food supply chain. Although most supermarkets continue to source third party brands, due to private or "white" label production, the role of supermarkets is changing. Increasingly, retailers do not act as mere traders, but become brands in their own right, with offerings ranging from discounting to premium labels across a huge range of categories. In Europe, these supermarket brands reached a 40% share of the market, most often leaving consumers in the dark about the ecological and social rucksacks of these products. This trend needs to be stopped and fortunately in parallel and mostly below the radar of the current and dominant economy, a wide variety of citizen collectives have sprung up to organise a totally separate and mostly local circuit. Community Supported Agriculture projects are booming everywhere while different degrowth alternatives to the supermarket have sprung to life in crisis-ridden countries such as Spain and Greece. Hungary is home to alternatives such as Cargonomia. We aim to bring people from the business community, civil society and research together to debate the future of the retail market in Europe, how a degrowth version would look like and what is needed to get there.

The Budapest Degrowth Week Team is looking forward seeing you in Budapest!

Várunk Titeket szeretettel!

